



MARTIN VAN DER MEULEN



Martin van der Meulen (1964) is an industrial engineer and has filled various management positions. He has worked for five years in government institutions and ten years in business, including two and a half years in Brazil. He managed teams and units from 5 up to 800 people. In 2001 he was touched by Nonviolent Communication (NVC) and since then has devoted most of his time to learning, living and sharing NVC. In 2004 he started Ai-opener offering NVC-training to individuals and organizations which has now become a NVC-training institute with 6 trainers. Martin is an internationally certified trainer in Nonviolent Communication and works together with Marshall Rosenberg's organization CNVC.

ABOUT AI-OPENER

Ai-opener specializes in NVC-training, education and team facilitation. Since its start in 2004 Ai-opener has trained around 10.000 people in NVC with different objectives: effective cooperation, mediation, self connection, harmonious relationships, negotiation skills, empowering interpersonal skills etc. Part of the training-programs is open to subscription for the general public. Part is developed in-company and focuses on a specific theme.

Ai-opener has extensive experience with training and facilitation of NGO's, commercial and (semi)-governmental institutions.

Organizations where Ai-opener has facilitated in-company training:

COMMERCIAL ORGANIZATIONS

L'Oréal, Microsoft, Atos, SKF, ABN AMRO, KLM, Akzo, Shell, Nyenrode Business University

(SEMI-)GOVERNMENTAL INSTITUTIONS

Flevo hospital, ProRail, Dutch Railways, city of Amsterdam, Breda, several schools

NGO'S

Aidsfund, Architectural Institute Rotterdam (AIR), buurtbemiddeling (community-mediation), streetkids (Brazil)

MORE INFORMATION

Ai-opener and NVC www.ai-opener.com

On ai-opener.com you can find several **interviews** with the CEO of Microsoft (e.g. Forbes, Time) where he refers to the benefits of CC for the employees of Microsoft.

The 3 parts covered in the training give a complete overview of the CC-process and how it works.

For more information about the process and its elements you can download this small booklet - [\(pdf\)](#)



KIRSTEN KRISTENSEN



Kirsten Kristensen is a CNVC certified trainer in Nonviolent Communication (NVC) and mediator with national and international experience. She is a co-founder of the Danish NVC Association LIVKOM, and Chairman of the Board. She met with Marshall B. Rosenberg who invented the process of Nonviolent Communication (NVC) in 1998 and found that NVC was adding a life changing dimension to her work, especially to how we grow our relational competencies. Since then she spent more than 100 days with Marshall B. Rosenberg.

Kirsten specializes in transformation of conflicts and anger and in Nonviolent Communication in general. She is a sought-after coach and trainer with extensive international experience and through various types of collaboration she teaches NVC in both Denmark, Germany, Norway, The UK, The US and India and have mediated in international conflicts and worked with reconciliation in Nepal among other places.

ABOUT LIVKOM

LIVKOM is an Association founded in 2009, works to promote Nonviolent Communication. LIVKOM trainers are certified from Center of NonViolent Communication in the US and collaborates with multiple peace- and financial partners. NVC in an organisational context works to realise potentials and needs for change and development. LIVKOM works with organisations wishing to develop a culture in which conflicts and stress are efficiently dealt with.

Working with NVC in the work place typically entails a focus on:

- More openness and understanding in and between teams
- Giving and receiving feedback as a means for development
- Listening with empathy, for example to clients, customers and colleagues
- Efficiently handling conflicts of interests